

# Battle River School Division

## Rubric Backgrounder and User Guide



<b>Background</b>	<p>Policy 21: “HEALTHY SCHOOL COMMUNITIES AND WORKPLACES” was passed by BRSD board of Trustees in May of 2009 with an implementation target for September of 2009.</p> <p>In the fall of 2012, it was decided that an assessment tool was needed to ensure that the policy was being implemented in a standardized way across the district.</p> <p>The Healthy Eating, Physical Activity and Mental Well Being Rubrics were designed to assist with policy implementation and align with Policy 21: “HEALTHY SCHOOL COMMUNITIES AND WORKPLACES”.</p>
<b>Materials</b>	<ul style="list-style-type: none"> <li>• Healthy Eating Rubric</li> <li>• Active Living Rubric</li> <li>• Mental Well Being Rubric</li> </ul>
<b>Purpose</b>	<ul style="list-style-type: none"> <li>• Understand what schools are doing in the areas of Healthy Eating, Physical Activity and Mental Well Being</li> <li>• Identify gaps</li> <li>• Determine where supports are needed</li> <li>• Celebrate successes in individual schools and in the Division</li> </ul>
<b>Rationale</b>	<p>The Healthy Schools Rubrics will support/assist schools in the following ways:</p> <ul style="list-style-type: none"> <li>• Offer insight into the overall health and wellness of the school community</li> <li>• Assist in identifying priorities and setting goals for school improvements</li> <li>• Provide opportunities for collaborative assessment and planning</li> <li>• Elicit meaningful and measurable data to track and report progress</li> <li>• Guide the development, implementation and evaluation of healthy school initiatives</li> <li>• Initiate important discussions related to student health and wellness</li> </ul>
<b>Context</b>	<ul style="list-style-type: none"> <li>• It is encouraged that a variety of stakeholders within the school community (staff, students, parents, community members) be included when completing the tool.</li> <li>• The rubrics could be used in a variety of settings (Health Champion Workshops, Staff/Parent Council/Administrator/Student Leadership Meetings).</li> </ul>
<b>Method</b>	<ol style="list-style-type: none"> <li>1. Review the Health Schools Rubric Backgrounder and User Guide.</li> <li>2. <u>Assessment #1</u> – Complete the “Healthy Schools Rubrics” and make note of how your school scores in each of the areas.</li> <li>3. <u>Identify Priorities</u> – Use the results to help determine areas in which the school would like to make improvements. For example, if the area of healthy eating received a low score, then the school may decide to focus on nutrition.</li> <li>4. <u>Action Plan</u> – Create an Action Plan to identify priorities, develop goals and outline strategies/activities that will help achieve these goals.</li> <li>5. <u>Assessment #2</u> – Complete the Healthy Schools Rubrics at the end of the year to evaluate/celebrate successes and guide future planning.</li> </ol>
<b>Additional Support</b>	<p>Contact Carol Breitreutz (780-679-2976) for assistance in completing the rubrics or developing an action plan.</p> <p>Contact Pamela Boyson (780-679-2992) for assistance with Nutrition/Healthy Eating</p>